# ARCHDIOCESE OF CINCINNATI OFFICE FOR EVANGELIZATION AND DISCIPLESHIP GRADED COURSE OF STUDY FOR GRADE 1 CATECHETICAL PROGRAMS

### **TABLE OF CONTENTS**

Page INTRODUCTIONIII
INSTRUCTIONAL METHODV
EXPLANATION OF TERMS
ANCHOR STANDARD DEFINITIONSVIII
ACKNOWLEDGEMENTSXI
STANDARDS Grade 11
ANCHOR STANDARD 1 – KNOWLEDGE OF THE FAITH (K)1
ANCHOR STANDARD 2 – KNOWLEDGE OF SACRAMENTS AND LITURGY (SL).4
ANCHOR STANDARD 3 – MORAL FORMATION (M)6
ANCHOR STANDARD 4 – PRAYING WITH CHRIST (P)8
ANCHOR STANDARD 5 – LIVING IN THE COMMUNITY OF THE CHURCH (C)10
ANCHOR STANDARD 6 – LIVING AS A CHRISTIAN IN SOCIETY (CS)11
ANCHOR STANDARD 7 – THEOLOGY OF THE BODY (TOB)13
VOCABULARY Grade 114
SPIRAL BY ANCHOR STANDARD/STRAND17
ANCHOR STANDARD 1 – KNOWLEDGE OF THE FAITH (K)17
ANCHOR STANDARD 2 – KNOWLEDGE OF SACRAMENTS AND LITURGY (SL).19
ANCHOR STANDARD 3 – MORAL FORMATION (M)21
ANCHOR STANDARD 4 – PRAYING WITH CHRIST (P)22

	ANCHOR STANDARD 5 – LIVING IN THE COMMUNITY OF THE CHURC	CH (C)23
		` ,
	ANCHOR STANDARD 6 – LIVING AS A CHRISTIAN IN SOCIETY (CS)	24
	ANCHOR STANDARD 7 – THEOLOGY OF THE BODY (TOB)	25
RE	ESOURCES	26
	INDEX OF ABBREVIATIONS	26
	CATECHIST RESOURCES	32
	THEOLOGY OF THE BODY RESOURCES	33

### I. Introduction

### A. The Christ-Centered Nature of Catechesis

Also known as religious education, *catechesis* literally means "to echo" by one's way of life the calling and teachings of Jesus Christ.<sup>1</sup> More generally, it describes the ongoing, holistic and Holy Spirit-led efforts of His Church to make lifelong, intentional disciples.<sup>2</sup>

The mission of the Office for Evangelization and Discipleship (OED) is to assist the Archbishop of Cincinnati in his primary responsibility of safeguarding and defending the teaching of the Roman Catholic Church. The OED lives this mission most directly by envisioning, certifying and evaluating the particular catechetical policies and initiatives of the Archdiocesan Catholic Schools and Parish Religious Education programs. As a policy document, the *Graded Course of Study* is therefore a pathway by which we aim to "put people... in communion... with Jesus Christ: only he can lead us to the love of the Father in the Spirit and make us share in the life of the Holy Trinity."<sup>3</sup>

The *Graded Course of Study* is but one dimension of the Church's teaching ministry, which embraces RCIA, Adult Faith Formation, youth, young adult, marriage and family ministries. In all of these mutually interrelated forms of catechesis, our vision is to create graced opportunities for ongoing, personal conversion to Jesus Christ and His Church.<sup>4</sup>

### B. Overview of the Graded Course of Study

The *Graded Course of Study* articulates the content for the systematic, evangelizing catechesis for students from grade 5 through grade 8. Promulgated by Archbishop Schnurr in January of 2018, it is to be followed by those responsible for catechesis in Catholic schools and in parish religious education programs, and by parents who teach religious education for their children at home.

The *Graded Course of Study* was developed and organized in light of the *Catechism of the Catholic Church*, the *National Directory for Catechesis* and, for the first time in the history of the Archdiocese of Cincinnati, the pioneering teachings of Pope Saint John Paul II's *Theology of the Body*. Most learning objectives reference and are indexed to the *Catechism of the Catholic Church*.

<sup>&</sup>lt;sup>1</sup> Mt. 28:18-20 "Go and make disciples of all the nations..."

<sup>&</sup>lt;sup>2</sup> Catechesi Tradendae 1

<sup>&</sup>lt;sup>3</sup> Ibid. 5; Catechism of the Catholic Church 426

<sup>&</sup>lt;sup>4</sup> Redemptoris Missio 46

When teaching the *Graded Course of Study*, catechists must take heed to adapt theological language and concepts to the age, background and particular learning needs of their students. Some students may not be able to communicate in a way that demonstrates the depth of their knowledge and understanding. Awareness of these factors requires that all topics or concepts be presented with appropriate modifications.

### C. Parents and Family as Primary Teachers of Faith

While not minimizing in any way the importance of Archdiocesan, school and parish-centered catechesis, the OED must re-emphasize a cardinal teaching: parents are the "first heralds," the "primary and principal educators" of their child's Christian faith. The family, not the parish or school, is in fact the "domestic church." Faith-sharing by parents therefore "precedes, accompanies, and enriches all other forms of catechesis."

For this reason, we must reiterate that the *Graded Course of Study* is but one source of catechesis. This provides structure for the formal, organized catechetical programs and settings which the Catholic Church is bound to provide. Effectively sharing the Catholic Christian faith with children presumes and requires, however, the "irreplaceable" involvement of parents. Godparents, other caregivers and significant adults in the child's life are all called to teach the Catholic faith by their actions, attitudes and beliefs.

The parish naturally plays a principal role by the quality of its liturgical celebrations, service to others and community life. Families' active involvement at Mass, charitable outreach, and adult faith formation should "echo" what children learn in formal catechetical sessions. School and parish catechetical leaders should always seek the active engagement and partnership of the parents and families of those youth entrusted to their care.

Parents should therefore collaborate closely with pastors, pastoral staffs, catechetical leaders and volunteers, Catholic school principals and teachers in this *Graded Course of Study*. This shared catechesis is the basis of Archbishop Schnurr's stated vision of creating in the "parishes, homes and hearts" of the Archdiocese of Cincinnati a "culture of vocations," one that is ever-attuned to the living voice that reverberates through all Catholic religious education:

<sup>&</sup>lt;sup>5</sup> Lumen Gentium 11

<sup>&</sup>lt;sup>6</sup> General Directory for Catechesis 255, Catechism of the Catholic Church 1653

<sup>&</sup>lt;sup>7</sup> Lumen Gentium 11

<sup>&</sup>lt;sup>8</sup> General Directory for Catechesis 226, Catechesi Tradendae 68

<sup>&</sup>lt;sup>9</sup> Ibid.

"At the heart of catechesis we find, in essence, a Person, the Person of Jesus of Nazareth...everything else is taught in reference to him—and it is Christ alone who teaches—anyone else teaches to the extent that he is Christ's spokesman, enabling Christ to teach with his lips...Every catechist should be able to apply to himself the mysterious words of Jesus: 'My teaching is not mine, but his who sent me." 10

### II. Instructional Method

In order to teach effectively the content of this *Graded Course of Study*, we recommend that teachers and catechists use the catechetical process described below. Jesus himself appears to have followed a similar method when he spoke to the two disciples on the road to Emmaus (Luke 24: 13-35). It consists of four steps. Publishers of catechetical textbooks may give different names to the steps or combine steps (e.g., explore, discover, decide OR invite, discover, live), but the basic structure of a lesson remains the same. It is possible to employ other catechetical processes. However, the method chosen must always clearly show the relationship between doctrine and living as Christian disciples.

### **Human Experience**

Begin with the students' own experiences. Help them to become aware of the ways that the theme of a particular lesson affects their lives. Explore its different aspects. What have they learned in life thus far regarding this theme? How is it related to their concerns? Useful methods for this step are discussion, personal reflection, analysis, simulation games, and videos. Teaching centers on leading the students from the particular to the general. It involves a gathering of particular experiences. Starting with personal experience creates in the children an openness to receive the message. It assists them in recognizing the relevance of the Church's teachings and allows the doctrine to touch their hearts as well as their minds. By connecting religion to life it lessens the tendency of students to compartmentalize their faith.

### Message or Doctrine

Move to the revealed message. What has God said about this theme? How do Sacred Scripture and the teachings of the Church enlighten the children's understanding of their experience? Some helpful methods are Scripture study, storytelling, role playing, drama, multimedia presentations, brief lectures, and questioning. Teaching focuses on providing information.

<sup>&</sup>lt;sup>10</sup> Catechism of the Catholic Church 426-427; John 7:16

### **Discovery**

This part of the lesson gives students time to make the message/doctrine their own, to assimilate the truth or value, to discover how the message/doctrine could change their lives if they believed it and lived it. Some helpful methods are guided meditation, personal sharing, journaling, creative writing, and reading high quality children's literature. Teaching encourages the students to reflect.

### Response

The fourth step is students' response to the message and its relevance to their lives. How do they feel about it? How will they respond to what God is asking of them? This step also includes a community celebration of the interior discovery. Appropriate methods are singing, liturgical celebrations, prayer services, creative art work or crafts, and involvement in service projects. Teaching is reverent.

### III. Explanation of Terms

- A. **Anchor Standards**—Describe the major areas of knowledge and skills that children are expected to attain across all grade levels.
- B. **Strands**—The particular aspects of an anchor standard.
- C. **Grade Specific Standards**—Statements about specific knowledge and skills that students are expected to attain in this grade.
- D. Benchmarks—Individual components that break down a grade specific standard.
- E. Catechism of the Catholic Church (CCC) or Magisterial Documents/Councils The references where one could find more information about Church teaching on this topic to use in the classroom or for personal reference
- F. Sacred Scripture The references in Sacred Scripture to this concept
- G. **Vocabulary** New terms that are presented in the Graded Course of Study have been identified as Vocabulary words which are defined in the glossary appendix
- H. **Exiting Skills**—Knowledge and skills that children are expected to demonstrate by the completion of a particular grade.

### How to Read the Standards

Standards are identified by the first letter of the content, followed by the grade level numeral, a standard numeral, and (where applicable) a benchmark numeral. A benchmark is a critical instruction piece of each standard that is broken down and exemplified by a benchmark number.

### **Examples:**

Standard	Standard Description	(CCC) or	Sacred	<u>Vocabulary</u>
		<u>Magisterial</u>	<u>Scripture</u>	
		Document/Council		
K.5.2	Describe Mary as the	(490-493)	Lk. 1:28.	
	Immaculate Conception	LG 53; 56.	Eph. 1:3-4.	
$\mathbf{K}$ . = Knowl	edge of the faith (anchor	(490-493) = the paragraphs in the <i>Catechism of the</i>		
standard)		Catholic Church which	relate to this co	ncept
5. = the grad	de (grade 5)	<b>LG 53; 56.</b> = the parag	graphs in the Mag	gisterial
<b>2.</b> = the star	ndard number	Document of Lumen (	<i>Gentium</i> which re	late to this
Describe Mary as the Immaculate		concept		
Conception = Standard		Lk. 1:28. Eph. 1:3-4. =	the verses in Sac	red Scripture
		which relate to this co	oncept	_

<b>Standard</b>	Standard Description	(CCC) or	Sacred	<u>Vocabulary</u>
		<u>Magisterial</u>	<u>Scripture</u>	
		Document/Council		
K.5.3.1	Describe Jesus as the	(613)	Mt. 26:28. Jn.	Covenant
	sacrifice of the New		1:29. 1 Cor.	
	Covenant which restores		5:7. 1 Pet. 1:19.	
	the human family to			
	communion with God			
<b>K.</b> = Knowl	edge of the faith (anchor	(613) = the paragraph in the <i>Catechism of the Catholic</i>		
standard)		Church which relate to this concept		
<b>5.</b> = the grad	de (grade 5)	<i>Mt.</i> 26:28. <i>Jn.</i> 1:29. 1 <i>Cor.</i> 5:7. 1 <i>Pet.</i> 1:19. = the verses		
<b>3.</b> = the star	ndard number	in Sacred Scripture which relate to this concept		
<b>1.</b> = the ben	chmark number	Covenant = Vocabula	ry word	_
Describe Jesus as the sacrifice of the				
New Covenant which restores the				
human family to communion with				
God = Bend	chmark			

### IV. Anchor Standard Definitions

### A. Knowledge of the Faith

Through the work of the Holy Spirit, an encounter with Christ leads to a desire to know him and the plan of the Father, which he reveals. Through knowledge of Scripture and Tradition, learners begin to recognize God's self-revelation and are increasingly able to explain it, coming to understand the meaning of the Creeds. Beginning with the understanding that God is the source of all that is good, visible and invisible, and that God's revelation comes to us through the stories of Scripture, especially those about Jesus' life and ministry, and the lives of saints, revealing the work of the Holy Spirit, those being catechized will grow in their knowledge of the faith and, in turn, will live the faith in Christian community and proclaim it in the world. 12

### B. Knowledge of Sacraments and Liturgy

Because Christ is present in the sacraments, believers come to know him more fully in the sacraments, especially the Eucharist.<sup>13</sup> Catechesis not only explains the meaning of the rituals, but also draws those being catechized into "full, conscious and active" participation in the liturgy of the Church.<sup>14</sup> Formation of minds for prayer, thanksgiving, repentance, and the communal spirit of liturgy and sacraments is also emphasized.<sup>15</sup> Sacramental catechesis prepares for the initial celebration of the sacraments and provides correct understanding and ongoing formation for sacramental living.

### C. Moral Formation

"Jesus' moral teaching is an integral part of his message." <sup>16</sup> Moral formation must not only include the content of Christ's moral teachings, but also their implications for Christian living, in both private and public life. Beginning with the understanding that we are created to know, love and serve God, moral formation aims to convert those being catechized into life in Christ. Rooted in the understanding that all we are and have comes from God, those being catechized will be formed by the Beatitudes, Ten Commandments and other teachings in order to live in accordance with the demands of the Gospel and to recognize the consequences of failing to do so.

<sup>&</sup>lt;sup>11</sup> National Directory for Catechesis 20(1); General Directory for Catechesis 85

<sup>&</sup>lt;sup>12</sup> General Directory for Catechesis 84

<sup>&</sup>lt;sup>13</sup> National Directory for Catechesis 20(2)

<sup>&</sup>lt;sup>14</sup> Sancrosanctum Concilium 14

<sup>&</sup>lt;sup>15</sup> National Directory for Catechesis 20(2)

<sup>&</sup>lt;sup>16</sup> Ibid. 20(3)

### D. Praying with Christ

Prayer, always directed to the Father, is the basis of Jesus' entire life, death and Resurrection. As such, it is also the basis of Christian life. <sup>17</sup> Catechesis should invite believers to join Christ in prayer, offering their lives to the Father. All of the knowledge and practice of the Christian life is understood in the context of prayer. <sup>18</sup> Beginning with the understanding that prayer is communicating with God, those being catechized should grow in their knowledge and practice of various prayer forms and styles, as well as learning the traditional prayers of the Church.

### E. Living in the Community of the Church

Catechesis encourages an apprenticeship in Christian living. As Jesus commanded the disciples to "Love one another," catechesis should point to a life of faith lived in community.<sup>19</sup> Those being catechized should be formed in communal prayer, mutual forgiveness, concern for the poor and alienated, and a spirit of humility and simplicity.<sup>20</sup> Beginning with the understanding that the Church is God's family, learners will continue to develop an understanding of the structure of the Church, the role and responsibilities of each member of the Christian community, as well as the relationship to the hierarchy and saints. It should also foster the desire for unity among all Christians.<sup>21</sup>

### F. Living as a Christian in Society

The world is where the lay faithful live out their Christian vocation.<sup>22</sup> Catechesis, then, should prepare believers to bear witness to their faith in the world, through word and deed.<sup>23</sup> Formation in this area trains believers to have the attitude of Jesus: "to be poor in spirit, to be compassionate, to be meek, to hear the cry of the injustice, to be merciful, to make peace and to accept rejection and persecution."<sup>24</sup> Catechesis includes care for the environment, recognizing the dignity of all people, and dialogue with other religious traditions.

<sup>&</sup>lt;sup>17</sup> Ibid. 20(4)

<sup>&</sup>lt;sup>18</sup> Ibid.

<sup>&</sup>lt;sup>19</sup> Ibid. 20(5)

<sup>&</sup>lt;sup>20</sup> General Directory for Catechesis 86

<sup>&</sup>lt;sup>21</sup> Ibid., *Catechesi Tradendae* 32

<sup>&</sup>lt;sup>22</sup> Lumen Gentium 16

<sup>&</sup>lt;sup>23</sup> National Directory for Catechesis 20(6)

<sup>&</sup>lt;sup>24</sup> Ibid.

### G. Theology of the Body

The Theology of the Body is Saint John Paul II's dramatic teaching of the meaning of and purpose of human nature. He emphasizes the body as not only a biological reality, but also as a "resacramentalizing" of our Catholic intellectual and moral life.<sup>25</sup> He explores how our Godgiven masculinity and femininity complement each other and help answer two fundamental questions: "Who am I?" and "How am I to live?" In exploring his teachings on the great themes of love, gender, gift, vocation, creation, redemption, purity, and covenant, those being catechized will come to understand the dignity of each human person, the proper relationship with God and others, and the importance of marriage, family and friendship. "This is the body: a witness to creation as a fundamental gift, and therefore a witness to Love as the source from which the same giving springs." <sup>26</sup>

<sup>&</sup>lt;sup>25</sup> Weigel, George. Evangelical Catholicism, New York: Basic Books. 2013. 211

<sup>&</sup>lt;sup>26</sup> TOB 14.5

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The Office for Evangelization and Discipleship invited all Catholic School Principals, teachers, and parish catechetical staff to participate in the review of the Graded Course of Study. We want to especially thank the following members that agreed to serve on this committee. Feedback from the review committee was essential in the creation of the GCS.

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# **GRADE 1**

### **Exiting Skills**

- 1. State that God is the creator of the world. (290)
- 2. Give the meaning of and properly use these liturgical words: amen & alleluia.
- 3. State the two great commandments that Jesus taught: love of God and love of others. (2196)
- 4. Define prayer as talking and listening to God. (2559-2561)
- 5. State that we are created to love, by love and for love. (356, 1604)

### ANCHOR STANDARD 1-KNOWLEDGE OF THE FAITH (K)

STRAND: CREED

<b>Standard</b>	Standard Description	(CCC) or Magisterial	Sacred Scripture	<u>Vocabulary</u>
		Document/Council		
K.1.1	Identify God's self-revelation in creation	(36)	Gen. 1:27.	Self-revelation
		Dei Filius 2:DS 3004;		
		3026. DV 6.		
K.1.2	Discuss God the Father as creator of the	(238)	Ex. 4:22. Deut.	
	world		32:6. 2 Sam. 7:14.	
			Ps. 68:6. Mal. 2:10.	
K.1.2.1	Describe God as creating the universe out	(296)		Universe
	of nothing	Lateran Council IV		
		(1215): DS 800; 3025.		
K.1.2.2	Identify creation as all that is, both visible	(279)	Gen. 1:1.	Invisible
	and invisible			Visible

2

K.1.3	Describe Jesus as sent by God so that we	(458)	Jn. 3:16.	
	may know God's love		1 Jn. 4:9.	
K.1.4	Explain that Jesus desires a personal	(426)		Desires
	relationship with each of us	CT 5.		Personal
	_			relationship
K.1.5	Identify Jesus as the only Son of God the	(443-445)	Mt. 3:17; 5:48; 6:8-	
	Father		9; 7:21; 11:27;	
			15:39; 17:5; 21:34-	
			38; 24:36; 26:64.	
			Jn. 1:14; 3:16, 18;	
			10:36; 20:17. Acts	
			13:33. Rom. 1:3.	
K.1.6	Recognize Jesus as one who invites us to	(443)	Mt. 5:48; 6:8-9;	
	call God our Father		11:27; 21:34-38;	
			24:36; 26:64. Mk.	
			14:61-62. Jn. 20:17.	
K.1.7	Describe Jesus as one who reaches out to	(543-544)	Mt. 5:3; 8:11; 10:5-	Suffering
	all, showing special concern for the poor,	LG 5.	7; 11:25; 21:18;	Weak
	the lowly, the weak and the suffering		25:31-46; 28:19.	
			Jn. 4:6-7; 19:28.	
K.1.8	Identify the Holy Spirit as the Person of	(735 - 736)	Mt. 16:24-26. Acts	
	God who lives within us and helps us do		1:8. Rom. 8:23.	
	what God asks us to do		1 Cor. 13. Gal.	
			5:22-25. 1 Jn. 4: 12.	

### **STRAND: SCRIPTURE**

<u>Standard</u>	Standard Description	(CCC) or Magisterial	Sacred Scripture	Vocabulary
		Document/Council		
K.1.9	Display reverence for the Bible	(103-104)		Reverence
		DV 13.		
K.1.10	Explain the Old Testament theme of	(295)	Ps. 104:24; 145:9.	
	God's love for creation		Rev. 4:11.	
K.1.10.1	Describe all of God's creation as having its	(339)		Particular
	own particular goodness and reflecting	GS 36 § 1.		Wisdom
	God's wisdom and love			
K.1.11	Explain the Old Testament theme of God	(299)	Gen. 1:4, 10, 12,	Theme
	entrusting creation to humans		18, 21, 26, 31. Job	
			42:3. Ps. 19:2-5.	
			Wis. 11:20.	
K.1.12	Recount the story of the birth of Jesus	(437, 525)	Lk. 1:35; 2:11. Jn.	
			10:36. Rom. 1:1.	
			Rev. 22:16.	
K.1.13	Tell the story of the finding of Jesus in	(534)	Lk. 2:41-52.	
	the Temple			
K.1.14	Explain the meaning of the parables of	(546)	Mt. 13:3-15, 44-45;	
	Jesus		21:28-32; 22:1-14;	
			25:14-30.	
K.1.15	Describe Jesus' entry into Jerusalem	(559-560)	Ps. 8:3; 24:7-10;	Entry
	(Palm Sunday)		118:26. Zech. 9:9.	
			Mt. 21:1-11, 15-	
			16. Jn. 6:15; 18:37.	

K.1.16	Describe the suffering and death of Jesus	(613-617)	Lev. 16:15-16. Isa.	
	(Good Friday)	Council of Trent	53:10-12. Mt.	
		(1547): DS 1529.	26:28. Jn. 1:29;	
			8:34-36; 10:17-18;	
			13:1; 15:13. Heb.	
			5:9; 9:14; 10:10.	
K.1.17	Tell the story of the Resurrection of Jesus	(638-640)	Lk. 24:3, 5-6, 12,	Resurrection
	(Easter Sunday)		22-23. Jn. 11:44;	
			20:2, 5-8, 13. Acts	
			9:3-18; 13:32-33.	
K.1.18	Give the meaning of the name Jesus (430)	(430, 441-445, 744)	Ex. 4:22. Hos. 2:1;	Emmanuel
	and of his titles of Emmanuel (744) and		11:1. Mt. 1:21; 2:7;	
	Son of God (441-445)		3:17; 5:48; 6:8-9;	
			16:16-18; 21:34-38;	
			24:36; 26:64; 27:54.	
			Acts 9:20; 13:33.	
			Gal. 1:15-16.	

### ANCHOR STANDARD 2—SACRAMENTS AND LITURGY (SL) **STRAND: SACRAMENTS**

<b>Standard</b>	Standard Description	(CCC) or Magisterial	Sacred Scripture	<u>Vocabulary</u>
		Document/Council		
SL.1.1	Experience and describe symbols as a	(1145-1146)		Physical signs
	way of communicating spiritual realities			Spiritual
	through physical signs			realities
				Symbols

SL.1.2	Define baptism as the means by which	(1213)		Incorporated
	we are incorporated into the Church,	Council Of Florence:		Mission
	become members of Christ and share in	DS 1314: vitae		
	His mission	spiritualis ianua.		
SL.1.3	Describe the symbols, rites, and	(1235-1245, 1348-1355)	Mal. 1:11. Mt.	Ministers
	ministers of baptism and Eucharist	RBC 62.	5:14. Mk. 10:14.	Rites
			Jn. 3:5. Rom. 6:17.	
			Gal. 3:27. Phil.	
			2:15. 1 Tim. 2:1-2.	
			Rev. 19:9.	
SL.1.4	Define Eucharist as a meal and a	(1324-1327, 1329)	Mt. 14:19; 15:36;	
	celebration	LG 11.	26:26. Lk. 24:13-	
		PO 5.	35. Acts 2:42, 46;	
			20:7, 11. 1 Cor.	
			10:16-17; 11:17-34;	
			15:28. Rev. 19:9.	

### **STRAND: LITURGY**

<b>Standard</b>	Standard Description	(CCC) or Magisterial	Sacred Scripture	<b>Vocabulary</b>
		Document/Council		
SL.1.5	Define liturgy as the official prayer of the	(1140)		Official
	community	SC 26-27.		
SL.1.6	Explain the meaning of liturgical	(1145-1158)	Mk. 7:33. Lk. 8:10;	Genuflecting
	gestures, e.g., kneeling, singing,	SC 112; 118-119; 121.	9:31; 22:7-20. Jn.	Gestures
	genuflecting, bowing		9:6. Rom 1:19.	
			Acts 14:17. Eph.	
			5:19. Col. 3:16.	

SL.1.7	Recite/sing common responses of the	(1153—1158)	Eph. 5:19.	Assembly
	assembly at Mass	SC 112; 118-119; 121.	Col. 3:16.	
SL.1.8	Participate as part of the assembly when			Celebrated
	sacraments are celebrated			Sacraments
SL.1.9	Describe the essential elements of the	(1346)		Essential
	<b>Eucharistic Liturgy</b>	DV 21. SC 56.		Elements
				Eucharistic
				Liturgy
SL.1.10	Define the Liturgical Year	(1168—1173)	Lk. 4:19.	Liturgical Year
		SC 103-104; 108; 111.		
SL.1.10.1	Identify the basic elements of the	(524, 525, 540, 1168-	Mt. 16:21-23. Lk.	Ordinary Time
	Liturgical Year: Advent, Christmas, Lent,	1173)	2:8-20, 61; 4:19.	
	Easter, and Ordinary Time	SC 103-104; 108; 111.	Jn. 3:30. Heb. 4:15.	
			Rev. 22:17.	
SL.1.10.2	Identify Holy Days of Obligation	(2180, 2185)		Holy Days of
		GS 67 § 3.		Obligation

# ANCHOR STANDARD 3-MORAL FORMATION (M)

STRAND: MORAL LIVING

<b>Standard</b>	Standard Description	(CCC) or Magisterial	Sacred Scripture	<u>Vocabulary</u>
		Document/Council		
M.1.1	Recognize all human life as sacred and as	(2258)	Ex. 20:13. Deut.	Sacred
	a gift from God	[See also TOB 1.1, 1.3.]	5:17. Mt. 5:21-22.	
		CDF, instruction,		
		Donum vitae, intro. 5.		

M.1.2	Express awe and gratitude to God for life	(2258)	Ex. 20:13. Deut.	Awe
		CDF, instruction,	5:17. Mt. 5:21-22.	Gratitude
		Donum vitae, intro. 5.		
M.1.3	Recognize morality as an invitation to	(1730-1731)	Sir. 15:14.	Freely
	respond freely to God's love	GS 17.		Invitation
				Morality
				Respond
M.1.4	Discuss God's call to know, love, and	(1026, 2002, 2196,	Gen. 1:28-31. Lev.	Eternal Life
	serve God ourselves, to respect all of	2415)	19:18. Deut. 6:4-5.	
	creation, to love our neighbor as	CA 37-38.	Mt. 22:34-40. Mk.	
	ourselves, and to share eternal life with	LG 12.	12:29-31. Lk.	
	Him		10:25-28. Jn. 13:34.	
			Rom. 13:8-10.	
M.1.4.1	Describe Jesus' commandment to love one	(1823)	Jn. 13:1, 34; 15:9,	
	another as Jesus loves us	[See also TOB 1.2.]	12.	
M.1.4.2	Identify the two great commandments as	(2196)	Deut. 6:4-5.	
	the core of Jesus' message	[See also TOB 1.2.]	Mt. 22:34-40. Mk.	
			12:29-31. Lk.	
			10:25-28. Jn. 13:34.	
			Rom. 13:8-10.	
M.1.4.3	Recognize that human relationships are	(1878 - 1880)	Lk. 19:13, 15.	
	built on respect and love of themselves	[See also TOB 1.4.]		
	and others	GS 24 § 3; 25 § 1.		
M.1.5	Appreciate human abilities and the	(1936—1937)	Mt. 25:14-30.	Abilities
	uniqueness of themselves and others		Lk. 19:27.	Unique

M.1.6	Recognize that positive and negative	(1767—1768)		Positive Feeling
	feelings (passions) are neither good nor			Negative
	bad in themselves			Feeling
M.1.7	Forgive others and ask others for	(1468-1469)	Lk. 15:32.	
	forgiveness	Council of Trent	1 Cor. 12:26.	
		(1551): DS 1674.		
		LG 48-50. RP 31 § 5.		
M.1.8	Demonstrate honesty, sharing, and	(1738, 2401, 2464)	Ex. 20:15-16.	Need
	respect for others' needs	DH 2 § 7.	Mt. 5:33; 19:18.	
M.1.9	Recognize the legitimate authority of	(1899, 2199)	Rom. 13:1-2.	Legitimate
	God and parents		1 Pet. 2:13-17.	Authority
M.1.9.1	Identify persons with legitimate authority	(2234-2237)	Mt. 20:26.	
		CA 25.		
M.1.9.2	Define lawful civil authority	(2234-2237)	Mt. 20:26.	Civil Authority
		CA 25.		Lawful
M.1.10	<b>Express obedience appropriately</b>	(2234)		Obedience

# ANCHOR STANDARD 4—PRAYING WITH CHRIST (P)

STRAND: PRAYER

<b>Standard</b>	Standard Description	(CCC) or Magisterial	Sacred Scripture	<u>Vocabulary</u>
		Document/Council		
P.1.1	Define prayer as a response to an	(2567)	Ps. 8:1, 5. Rom.	Awareness
	awareness of God's love and goodness		6:5. Acts 17:27.	
P.1.2	Explain the importance of prayer in a	(2565)	Eph. 3:18-21.	
	relationship with God		_	

P.1.3	List the forms of prayer: praise,	(2626-2634)	Lk. 11:2, 13; 18:13.	Contrition
1110	thanksgiving, petition, contrition	(2020 2001)	Rom. 8:22-24, 26-	Petition
	thankogiving, petition, continuon		27, 34; 10:1; 15:5-6,	Praise
			13, 30. Eph. 1:3-	Tuise
			14, 16-23; 6:23-24.	
			1 Jn. 1:7-2:2.	
P.1.4	Explain personal prayer and formal	(2697-2699)	1 jii. 1.7 2.2.	Formal Prayer
	prayer	Council of Nicaea II:		Personal Prayer
		DS 601; 603. Council		
		of Trent: DS 1822.		
P.1.5	Experience various forms of personal	(2699)		Centering
	prayer, e.g., centering, reflection	,		
P.1.6	Describe and practice memorized prayers	(1674-1676)		Memorized
	and spontaneous prayer	SC 13 § 3.		Prayer
				Spontaneous
				Prayer
P.1.7	Identify reading, reflecting, listening,	(2700-2719)	Song 1:7; 3:14. Jer.	Meditating
	singing, and meditating as ways to pray		31:33. Mt. 11:25-	Reflecting
			26; 26:40. Mk. 4:4-	
			7, 15-19; 14:36.	
			Lk. 7:36-50; 19:1-	
			10. Eph. 3:16-17.	

P.1.8	Recite: the Lord's Prayer, Hail Mary, and	(2639-2643, 2676-2677,	Gen. 12:3. Lk.
	Glory Be to the Father	2759-2772)	1:38, 41, 43, 45, 48;
		Roman Missal 22,	11:1-4, 9; 24:44.
		Embolism after the	Jn. 6:63; 17:7;
		Lord's Prayer.	19:27. Acts 2:47;
			3:9; 4:21; 13:48.
			Rev. 4:8-11; 6:10;
			18:24; 19:1-8; 21:3.

### ANCHOR STANDARD 5—LIVING IN THE COMMUNITY OF THE CHURCH (C) STRAND: THE CHURCH

<b>Standard</b>	Standard Description	(CCC) or Magisterial	Sacred Scripture	<u>Vocabulary</u>
		Document/Council		
C.1.1	Identify the Church as God's family	(1655)	Acts 11:14; 16:31;	Church
			18:8.	
C.1.2	Explain the Church as parish	(2179)		
C.1.3	Identify faith and baptism as criteria for	(837-838)		Criteria
	membership in the Church	LG 14-15. UR 3; 13-18.		Membership
C.1.4	Give reasons for showing respect for	(817-819)		Christian
	members of all Christian denominations	LG 8; 15. UR 3.		Denominations
C.1.5	Recognize Mary as the Mother of Christ,	(963-964, 968)	Jn. 19:26-27.	
	the Mother of God, and our Mother	LG 53; 57-58; 61.		

C.1.6	Recall the event and meaning of the	(484-486)	Mt. 1:20; 2:1-	Annunciation
	Annunciation		12. Lk. 1:34-35;	
			2:8-20. Jn. 1:31-34;	
			16:14-15. Acts	
			10:38. Gal. 4:4.	
			Col. 2:9.	
C.1.6.1	Recognize Mary as a model of obedience	(494)	Lk. 1:28-38.	
	to God	LG 56.	Rom. 1:5.	
C.1.7	Identify saints as models of Christian life	(828, 1477)		Holiness
	and as ordinary people who grew in	CL 16 § 3; 17 § 3.		Ordinary
	holiness and love	LG 40; 48-51.		people

# ANCHOR STANDARD 6—LIVING AS A CHRISTIAN IN SOCIETY (LS)

### STRAND: CATHOLIC SOCIAL TEACHING

<b>Standard</b>	Standard Description	(CCC) or Magisterial	Sacred Scripture	<u>Vocabulary</u>
		Document/Council		
CS.1.1	Recognize that each person's human	(1934-1937)	Mt. 25:14-30.	
	dignity comes from being loved by God	[See also TOB 1.3, 1.4.]	Lk. 19:27.	
	and called by God to a life of holiness	GS 29 § 2.		
CS.1.2	Recognize the equality of races, sexes,	(1930-1935)	Mt. 5:43-44; 25:40.	Equality
	and the rights of all people	GS 27 § 1; 29 § 2.		Races
		PT 65.		Rights
				Sexes

CS.1.3	Identify Christian service as a response to the needs of the community			Service
CS.1.3.1	Participate in Christian service activities appropriate to their age			
CS.1.3.2	Express concern for the hungry, victims of violence and injustice, and the homeless	(2443—2448) AA 8 § 5. CA 57. CDF, instruction, Libertatis conscientia, 68.	Tob. 4:5-11. Sir. 17:22. Isa. 58:6-7. Mt. 5:42; 6:2-4; 8:20; 10:8; 11:5; 25:31-46. Lk. 3:11; 4:18; 6:20-22; 11:41. Jas. 2:15-16; 5:1-6. 1 Jn. 3:17.	Injustice Violence
CS.1.4	Define peace	(2304) GS 78 § 1-2.	Isa. 32:17.	Peace
CS.1.4.1	Identify some means to obtain peace	(2304) GS 78 § 1-2.	Isa. 32:17.	Obtain
CS.1.4.2	Exhibit non-violent responses to frustrations and needs	(2306) GS 78 § 5.		Frustration Non-violent
CS.1.5	Exhibit respect for the environment	(373)	Gen. 1:28. Wis. 11:24.	
CS.1.6	Recognize our responsibility to be good stewards of creation by sharing and conserving the earth's resources	(2402, 2415-2418, 2456) CA 37-38.	Gen 1:26-31; 2:19- 20; 9:1-4. Dan. 3:79-81. Mt. 6:26.	Conserving Earth's resources Steward

### ANCHOR STANDARD 7 – THEOLOGY OF THE BODY (TOB)

<u>Standard</u>	Standard Description	(CCC) or Magisterial	Sacred Scripture	<u>Vocabulary</u>
		Document/Council		
TOB.1.1	Explain that each person is created to	(356, 1604)	Gen. 1:27-28, 31.	
	love, by love and for love	GS 12 § 3; 24 § 3.	1 Jn. 4:8, 16.	
TOB.1.1.1	State that love is to desire what is good for			
	another person			
TOB.1.2	Explain the two great commandments	(2196)	Deut. 6:4-5. Mt.	
	that Jesus taught: love of God and love of		22:34-40. Lk.	
	others		10:25-28. Jn. 13:34.	
			Rom. 13:8-10.	
TOB.1.3	State that life is a gift and each person is	(2378, 2785)	Mt. 11:25; 18:3.	
	created as a gift	CDF, Donum vitae II,		
		8.		
TOB.1.3.1	Identify Jesus Christ as the model of what	(314, 2013)	Gen. 2:2. Mt. 5:48.	
	it means for a human person to be gift	LG 40 § 2.	1 Cor. 13:12.	

# **VOCABULARY**

**Abilities** Skills and talents.

**Annunciation** The day when the angel Gabriel told Mary that she was going

to be the mother of God.

**Assembly** Group of people.

**Awareness** Knowing.

**Awe** Wonder and great surprise.

**Celebrated** Performed.

**Centering** Concentrating. Being calm and thinking about God.

One who believes Jesus Christ and follows His words and

**Christian** teachings.

The name for the people of God on Earth. It is also called the

**Church** Body of Christ. The word church can also be used to name the

building we worship in.

Civil Authority People who make laws and keep order for the people in a

certain place.

**Communicating** To tell.

**Conserving** To protect and not waste. **Contrition** To be sorry for doing wrong.

**Core** The most important.

**Criteria** Things that are necessary.

**Denominations** Group of people with the same beliefs.

**Desires** Things that we strongly wish for.

**Earth's Resources** What the Earth supplies – like air, water, and soil.

**Emmanuel** Hebrew name given to Jesus Christ meaning "God is with us".

Entry To enter or come in.
Equality Equal or the same.
Essential Elements The necessary parts.
Eternal Life Life after death.

**Eucharistic Liturgy** Prayers before the bread turns into the Body of Christ.

**Formal Prayer** Set prayers given to us by God or the Church. (Informal prayer

is using our own words to pray.)

**Freely** Without anyone else telling us to do it. Choosing it ourselves.

Disappointment or a feeling of being unable to get something

**Frustration** done.

**Genuflecting** To kneel on one knee and then rise again as an act of deep

respect.

**Gestures** A movement of the body, arms, or legs that expresses or makes

important an idea or a feeling.

Gratitude Being thankful.

**Holiness** Being holy or greatly dedicated to the Church.

**Holy Days of** Days you must go to Mass in honor of Church celebrations.

Obligation

**Incorporated** To become a member.

**Injustice** Unfair.

InvisibleUnable to be seen.InvitationTo be asked to attend.LawfulAllowed by rule or law.

**Legitimate Authority** Law by someone of great importance who has the right to

make orders and decisions.

**Liturgical Year** The church year that tells what we read from the Bible during

Mass and when celebrations will happen.

**Lowly** Simple, and not loud.

**Meditating** Thinking about.

**Membership** Being in a certain group.

**Memorized Prayer** Prayer that can be remembered said without help.

Message Telling.

**Ministers** A person who has the right to perform or help perform a

celebration in the church.

MissionJob, work, or purpose.MoralityActing right and good.NeedSomething you must have.Negative FeelingBad or angry emotion.Non-violentWith peace instead of force.

Obedience To follow the rules.

**Obtain** To get or receive.

**Official** Allowed or approved by a person in charge.

Ordinary People Common, like everyone else.

**Ordinary Time** A time in the Church focusing on the life of Jesus Christ.

Particular Special.

**Peace** Quiet and calm. Feeling relaxed with no worries.

**Personal Prayer** Using your own words to pray.

**Personal Relationship** A close friendship.

**Petition** Asking for or requesting something.

**Physical Signs** Being able to see the health or shape of someone or something.

**Positive Feeling** Good moods or emotions.

**Praise** Giving great thanks.

**Races** Different types of people based on skin, hair, and eye color.

**Reaches Out** To try to talk to or help.

**Reflecting** Showing. Respond To answer.

**Resurrection** A return to life after death. **Reverence** Great respect and love.

**Rights** Due to a person from nature or law. **Rites** A specific act for a special occasion.

**Sacraments** A ceremony that is a sign of God's grace, or blessing.

SacredHoly and respected.Self-revelationShowing of yourself.ServiceHelping others.SexesEither boy or girl.

Things that happen that are true which relate to God and our

**Spiritual Realities** faith.

**Spontaneous Prayer** Talking to God in your own words.

**Steward** To help protect.

**Suffering** Feeling pain or sadness.

**Symbols** A picture that represents or means something else.

**Theme** The main idea.

**Unique** Different from everybody else.

**Universe** All existing things, including the Earth and Heaven.

**Violence** Causing harm, hurt, or damage.

Visible Able to see.
Weak Not strong.

Wisdom Knowing, or knowledge.

# **SPIRAL**

### ANCHOR STANDARD 1—KNOWLEDGE OF THE FAITH (K) STRAND: CREED

Pre-K	Kindergarten	Grade 1
<b>K.PK.1</b> State that God is	<b>K.K.1</b> State that God is the creator of the	<b>K.1.1</b> Identify God's self-revelation in creation.
the creator of the world.	world.	<b>K.1.2</b> Discuss God the Father as creator of the
<b>K.PK.2</b> State that Jesus	K.K.2 State that Jesus helps us to know	world.
helps us to know God's love.	God's love	<b>K.1.3</b> Describe Jesus as sent by God so that we
	<b>K.K.3</b> Identify Jesus as the Son of God.	may know God's love.
	K.K.4 State that Jesus taught us to call	K.1.4 Explain that Jesus desires a personal
	God our Father.	relationship with each of us.
	K.K.5 Identify the Holy Spirit as the	<b>K.1.5</b> Identify Jesus as the only Son of God the
	Person of God who lives within us and	Father.
	helps us to do what God asks us to do.	<b>K.1.6</b> Recognize Jesus as one who invites us to call
		God our Father.
		<b>K.1.7</b> Describe Jesus as one who reaches out to all,
		showing special concern for the poor, the lowly,
		the weak and the suffering.
		<b>K.1.8</b> Identify the Holy Spirit as the Person of God
		who lives within us and helps us do what God
		asks us to do.

# ANCHOR STANDARD 1—KNOWLEDGE OF THE FAITH (K) **STRAND: SCRIPTURE**

Pre-K	Kindergarten	Grade 1
<b>K.PK.3</b> Identify the Bible as a	K.K.6 Identify the Bible as a special	<b>K.1.9</b> Display reverence for the Bible.
special book that we treat	book that we treat respectfully.	K.1.10 Explain the Old Testament theme of
respectfully.	<b>K.K.7</b> Tell some stories from the Old	God's love for creation.
<b>K.PK.4</b> With prompting and	Testament that show God's love for	<b>K.1.11</b> Explain the Old Testament theme of God
support, tell some stories from the	creation.	entrusting creation to humans.
Old Testament that show God's	K.K.8 Tell the story of how God	<b>K.1.12</b> Recount the story of the birth of Jesus.
love for creation.	entrusted creation to humans.	<b>K.1.13</b> Tell the story of the finding of Jesus in the
<b>K.PK.5</b> With prompting and	<b>K.K.9</b> Name the members of the Holy	Temple.
support, tell the story of how God	Family.	<b>K.1.14</b> Explain the meaning of the parables of
entrusted creation to humans.	<b>K.K.10</b> Identify angels as special	Jesus.
<b>K.PK.6</b> Name the members	messengers of God.	<b>K.1.15</b> Describe Jesus' entry into Jerusalem (Palm
of the Holy Family.	<b>K.K.11</b> Tell the story of Jesus	Sunday).
K.PK.7 With prompting and	blessing the little children.	<b>K.1.16</b> Describe the suffering and death of Jesus
support, retell age-appropriate	K.K.12 Retell age-appropriate	(Good Friday).
parables told by Jesus.	parables told by Jesus.	<b>K.1.17</b> Tell the story of the Resurrection of Jesus
		(Easter Sunday).
		<b>K.1.18</b> Give the meaning of the name Jesus and
		of his titles of Emmanuel and Son of God.

# ANCHOR STANDARD 2-KNOWLEDGE OF SACRAMENTS AND LITURGY (SL) **STRAND: SACRAMENTS**

Pre-K	Kindergarten	Grade 1
SL.PK.1 State that through Baptism	SL.K.1State that through Baptism	SL.1.1 Experience and describe symbols as a
we become children of God and	we become children of God and	way of communicating spiritual realities
members of the Church.	members of the Church.	through physical signs.
<b>SL.PK.2</b> State that the Eucharist is a	<b>SL.K.2</b> State that the Eucharist is a	<b>SL.1.2</b> Define baptism as the means by which we
special meal.	special meal.	are incorporated into the Church, become
		members of Christ and share in His mission.
		<b>SL.1.3</b> Describe the symbols, rites, and ministers
		of baptism and Eucharist.
		SL.1.4 Define Eucharist as a meal and a
		celebration.

# ANCHOR STANDARD 2-KNOWLEDGE OF SACRAMENTS AND LITURGY (SL) **STRAND: LITURGY**

Pre-K	Kindergarten	Grade 1
SL.PK.3 State that Advent,	SL.K.3State that Advent, Christmas, Lent, and	<b>SL.1.5</b> Define liturgy as the
Christmas, Lent, and Easter are	Easter are important seasons of the liturgical year.	official prayer of the community.
important seasons of the liturgical	SL.K.4Identify Palm Sunday as the day that Jesus	<b>SL.1.6</b> Explain the meaning of
year.	entered into Jerusalem.	liturgical gestures, e.g., kneeling,
SL.PK.4 State that Easter, when Jesus	SL.K.5Identify Holy Thursday as the day that	singing, genuflecting, bowing.
rose from the dead, is a celebration of	Jesus shared the Last Supper with the Apostles.	SL.1.7 Recite/sing common
new life.	SL.K.6Identify Good Friday as the day that Jesus	responses of the assembly at
SL.PK.5 Demonstrate the following	died.	Mass.
liturgical gestures: the sign of the	SL.K.7State that Easter, when Jesus rose from the	<b>SL.1.8</b> Participate as part of the
cross, kneeling, bowing and the sign	dead, is a celebration of new life.	assembly when sacraments are
of peace.	SL.K.8Demonstrate the following liturgical	celebrated.
SL.PK.6 State the meaning of and use	gestures: the sign of the cross, kneeling,	<b>SL.1.9</b> Describe the essential
properly these liturgical words: amen	genuflecting, bowing, and the sign of peace.	elements of the Eucharistic
& alleluia.	SL.K.9Give the meaning of and use properly these	Liturgy.
	liturgical words: amen & alleluia.	SL.1.10 Define the
		Liturgical Year.

# ANCHOR STANDARD 3—MORAL FORMATION (M) STRAND: MORAL LIVING

Pre-K	Kindergarten	Grade 1
M.PK.1 State that we are	M.K.1 State that we are called	M.1.1 Recognize all human life as sacred and as a gift from
called to know, love, and	to know, love, and serve God,	God.
serve God, to love others as	to love others as ourselves,	M.1.2 Express awe and gratitude to God for life.
ourselves, and to respect all	and to respect all of creation.	M.1.3 Recognize morality as an invitation to respond freely to
of creation.	M.K.2 Show respect for God's	God's love.
M.PK.2 Express love and	name.	M.1.4 Discuss God's call to know, love and serve God
gratitude to God for life and	M.K.3 Express love and	ourselves, to respect all of creation, to love our neighbor as and
God's gifts to us.	gratitude to God for life and	to share eternal life with God.
M.PK.3 Demonstrate	God's gifts to us.	M.1.5 Appreciate human abilities and the uniqueness of
honesty, sharing, and respect	M.K.4 Demonstrate honesty,	themselves and others.
for others.	sharing, and respect for others.	M.1.6 Recognize that positive and negative feelings (passions)
M.PK.4 Based on Jesus'	M.K.5 Based on Jesus'	are neither good nor bad in themselves.
teachings, show forgiveness	teachings, show forgiveness of	M.1.7 Forgive others and ask others for forgiveness.
of others and ask forgiveness	others and ask forgiveness	M.1.8 Demonstrate honesty, sharing, and respect for others'
from others.	from others.	needs.
		M.1.9 Recognize the legitimate authority of God and parents.
		M.1.10 Express obedience appropriately.

# ANCHOR STANDARD 4-PRAYING WITH CHRIST (P) STRAND: PRAYER

Pre-K	Kindergarten	Grade 1
<b>P.PK.1</b> Define prayer as	<b>P.K.1</b> Define prayer as talking	<b>P.1.1</b> Define prayer as a response to an awareness of God's love
talking to and listening to	to and listening to God.	and goodness.
God.	P.K.2 Demonstrate different	<b>P.1.2</b> Explain the importance of prayer in a relationship with
P.PK.2 Demonstrate	ways to pray, e.g., reading,	God.
different ways to pray.	listening, and singing.	P.1.3 List the forms of prayer: praise, thanksgiving, petition,
P.PK.3 Identify praise and	P.K.3 Identify praise and	contrition.
thanksgiving as forms of	thanksgiving as forms of	P.1.4 Explain personal prayer and formal prayer.
prayer.	prayer.	<b>P.1.5</b> Experience various forms of personal prayer, e.g., centering,
		reflection.
		<b>P.1.6</b> Describe and practice memorized prayers and spontaneous
		prayer.
		P.1.7 Identify reading, reflecting, listening, singing, and
		meditating as ways to pray.
		<b>P.1.8</b> Recite: The Lord's Prayer, Hail Mary, and Glory Be to the
		Father.

# ANCHOR STANDARD 5—LIVING IN THE COMMUNITY OF THE CHURCH (C) STRAND: THE CHURCH

Pre-K	Kindergarten	Grade 1
<b>C.PK.1</b> State that the people of	C.K.1 State that the people of the	<b>C.1.1</b> Identify the Church as God's family.
the Church are God's family.	Church are God's family.	<b>C.1.2</b> Explain the Church as parish.
C.PK.2 Identify Mary as the	C.K.2 Identify the parish as their	C.1.3 Identify faith and baptism as criteria for
mother of Jesus and our Mother.	Church community.	membership in the Church.
C.PK.3 Identify saints as models	C.K.3 Identify pastors/priests as	<b>C.1.4</b> Give reasons for showing respect for members
of Christian living and our	leaders of parishes.	of all Christian denominations.
friends and helpers.	<b>C.K.4</b> Identify Mary as the mother of	C.1.5 Recognize Mary as the Mother of Christ, the
	Jesus and our Mother.	Mother of God, and our Mother.
	C.K.5 Identify saints as models of	C.1.6 Recall the event and meaning of the
	Christian living and our friends and	Annunciation.
	helpers.	C.1.7 Identify saints as models of Christian life and
		as ordinary people who grew in holiness and love.

# ANCHOR STANDARD 6—LIVING AS A CHRISTIAN IN SOCIETY (CS) STRAND: CATHOLIC SOCIAL TEACHING

Pre-K	Kindergarten	Grade 1
CS.PK.1 Show respect	CS.K.1 Show respect for God's gifts	CS.1.1 Recognize that each person's human dignity comes
for God's gifts and care	and care for the environment.	from being loved by God and called by God to a life of
for the environment.	CS.K.2 Recognize that human dignity	holiness.
	(each person has value and is worthy	CS.1.2 Recognize the equality of races, sexes, and the rights
	of respect) comes from being created	of all people.
	and loved by God.	<b>CS.1.3</b> Identify Christian service as a response to the needs
	<b>CS.K.3</b> Show concern for the poor, the	of the community.
	hungry, and the homeless.	CS.1.4 Define peace.
		CS.1.5 Exhibit respect for the environment.
		CS.1.6 Recognize our responsibility to be good stewards of
		creation by sharing and conserving the earth's resources.

### ANCHOR STANDARD 7 – THEOLOGY OF THE BODY (TOB)

Pre-K	Kindergarten	Grade 1
TOB.PK.1 With prompting and	TOB.K.1 With prompting and support,	TOB.1.1 Explain that each person is created
support, state we are created to	explain that each person is created to love, by	to love, by love and for love.
love, by love, and for love.	love, and for love.	TOB.1.2 Explain the two great
TOB.PK.2 State the two great	TOB.K.2 State the two great commandments	commandments that Jesus taught: love of
commandments that Jesus	that Jesus taught: love of God and love of	God and love of others.
taught: love of God and love of	others.	TOB.1.3 State that life is a gift and each
others.	TOB.K.3 State that life is a gift and each	person is created as a gift.
	person is created as a gift.	

### **RESOURCES**

### I. MAGISTERIAL DOCUMENTS ABBREVIATION INDEX

### **Official Church Documents**

- (CCC) The Catechism of the Catholic Church, Second Edition. United States Catholic Conference, Inc.—Libreria Editrice Vaticana, 1997. Catechism of the Catholic Church
- (GDC) General Directory for Catechesis. Libreria Editrice Vaticana, 1997. Published in the United States, January 1998. **General Directory for Catechesis**
- (NDC) *National Directory for Catechesis*. United States Conference of Catholic Bishops, 2005. (This document is not available online.)
- (AA)Apostolicam Actuositatem, Decree on the Apostolate of the Laity, Promulgated by Pope Paul VI, November 18, 1965.
- (AG)Ad Gentes, Second Vatican Council: Decree on the Mission Activity of the Church, December 7, 1965.
- (CA)Centesimus Annus, Encyclical Letter on the Hundredth Anniversary of Rerum Novarum, by Pope St. John Paul II, May 1, 1991.

(CCEO, Can.) Corpus Canonum Ecclisarum Orientalium, 1990.

27

- (CD) Christus Dominus, Decree Concerning the Pastoral Office of Bishops in the Church, Proclaimed by Pope Paul VI, October 28, 1965.
- (CDF, Donum Vitae) Congregation for the Doctrine of the Faith "Donum Vitae", Instruction on Respect for Human Life in its Origin and on the Dignity of Procreation, February 22, 1987.
- (CDF, Libertatis conscientia) Congregation for the Doctrine of the Faith "Libertatis Conscientia", Instruction on Christian Freedom and Liberation, March 22, 1986.
- (CDF, Persona Humana) Congregation for the Doctrine of the Faith "Persona Humana", Declaration on Certain Questions Concerning Sexual Ethics, December 29, 1975.
- (CIC, cann.) Codex Iuris Canonici, Apostolic Constitution John Paul II "Sacred Science Laws", January 25, 1983.
- (CL) Christifideles Laici, Post-Synodal Apostolic Exhortation on the Vocation and the Mission of the Lay Faithful in the Church and in the World, Pope St. John Paul II, December 30, 1988.
- (CPG) Solemn Profession of faith: Credo of the People of God
- (CT)Catechesi Tradendae, Apostolic Exhortation John Paul II "Catechesis in our Time", October 16, 1979.
- (Dominicae Cenae) Dominicae Cenae, Letter on the Mystery and Worship of the Eucharist, by Pope St. John Paul II, February 24, 1980.
- (DCE) Deus Caritas Est, Encyclical Letter on Christian Love, by Pope Benedict XVI, December 25, 2005.
- (Dei Filius) Dei Filius, First Vatican Council: Dogmatic Constitution on the Catholic Faith, April 24, 1870.

- (DeV) Dominum et Vivificanum, Encyclical on the Holy Spirit in the Life of the Church and the World, by Pope St. John Paul II, May 18, 1986.
- (DH) Dignitatis Humanae, on the Right of the Person and of Communities to Social and Civil Freedom in Matters Religious, Promulgated by Pope Paul VI, December 7, 1965.
- (DS) Denzinger-Schonmetzer, Enchiridion Symbolorum, definitionum et declarationum de rebus fidei et morum (1965)
- (*DV*) Dei Verbum, Dogmatic Constitution on Divine Revelation, Promulgated by Pope Paul VI, November 18, 1965.
- (EN) Evangelii Nuntiandi, Apostolic Exhortation on the New Evangelization, by Pope Paul VI, December 8, 1975.
- (*FC*) Familiaris Consortio, Apostolic Exhortation on the Christian Family in the Modern World, by Pope St. John Paul II, November 22, 1981.
- (GE) Gravissimum Educationis, Second Vatican Council Declaration on Christian Education, October 28, 1965.
- (GS) Gaudium et Spes, Pastoral Constitution on the Church in the Modern World, Promulgated by Pope Paul VI, December 7, 1965.
- (*Humani Generis*) Humani Generis, Encyclical Concerning some False Opinions Threatening to Undermine the Foundations of Catholic Doctrine, by Pope Pius XII, August 12, 1950.
- (HV) Humanae Vitae, Encyclical Letter on the Regulation of Birth, by Pope Paul VI, July 25, 1968.

- (IM) Inter Mirifica, Decree on the Media of Social Communications, Promulgated by Pope Paul VI, December 4, 1963.
- (*Ineffabilis Deus*) Ineffabilis Deus, Encyclical on the Dogma of the Immaculate Conception of the Blessed Virgin Mary, by Pope Bl. Pius IX, December 8, 1854.
- (*LE*) Laborem Exercens, on the Ninetieth Anniversary of Rerum Novarum, by Pope St. John Paul II, September 14, 1981.
- (Laudato Si) Laudato Si, Encyclical Letter on Care for our Common Home, by Pope Francis, May 24, 2015.
- (*Libertatis Conscientia*) Libertatis Conscientia, Congregation for the Doctrine of Faith on Christian Freedom and Liberation, March 22, 1986.
- (*LG*) Lumen Gentium, Dogmatic Constitution on the Church, Promulgated by Pope Paul VI, November 21, 1964.
- (*MC*) Marialis Cultus, Apostolic Exhortation for the Right Ordering and Development of Devotion to the Blessed Virgin Mary, by Pope Paul VI, February 2, 1974.
- (MD) Mulieris Dignitatem, Apostolic Letter on the Dignity and Vocation of Women on the Occasion of the Marian Year, by Pope St. John Paul II, August 15, 1988.
- (MF) Mysterium Fidei, Encyclical on the Holy Eucharist, by Pope Paul VI, September 3, 1965.
- (MM) Mater et Magistra, Encyclical on Christianity and Social Progress, by Pope John XXIII, May 15, 1961.
- (NA) Nostra Aetate, Declaration on the Relation of the Church to Non-Christian Religions, by Pope Paul VI, October 28, 1965.

(OE)	Orientalium Ecclesiarum, Decree on the Catholic Churches of the Eastern Rite, Promulgated by Pope Paul VI, November 21, 1964.
(OT)	Optatam Totius, Decree on Priestly Training, by Pope Paul VI, October 28, 1965.
(PC)	Perfectae Caritatis, Decree on the Adaptation and Renewal of Religious Life, Pope Paul VI, October 28, 1965.
(PO)	Presbyterorum Ordinis, Decree on the Ministry and Life of Priests, Promulgated by Pope Paul VI, December 7, 1965.
(PT)	Pacem in Terris, Encyclical on Establishing Universal Peace in Truth, Justice, Charity, and Liberty, by Pope John XXIII, April 11, 1963.
(RH)	Redemptor Hominis, Encyclical Letter on the Redemption of Man, by Pope St. John Paul II, March 4, 1979.
(RMat)	Redemptoris Mater, Encyclical Letter on the Blessed Virgin Mary in the Life of the Pilgrim Church, by Pope St. John Paul II, March 25, 1987.
(RMiss)	Redemptoris Missio on the Permanent Validity of the Church's Missionary Mandate, by Pope St. John Paul II, December 7, 1990.
(RP)	Reconciliatio et Paenitentia, Post-Synodal Apostolic Exhortation on Reconciliation and Penance, by Pope St. John Paul II, December 2, 1984.
(SC)	Sacrosanctum Concilium, Constitution on the Sacred Liturgy, Promulgated by Pope Paul VI, December 4, 1963.

- (SRS) Sollicitudo Rei Socialis, Encyclical Letter on the Twentieth Anniversary of Populorum Progressio, By Pope St. John Paul II, December 30, 1987.
- (*STh*) Aquinas, Thomas. Summa Theologica. Translated by Fathers of the English Dominican Province. 5 vols. Westminster, Md.: Christian Classics, 1948.
- (TOB) Man and Woman He Created Them: A Theology of the Body, Pauline Books & Media, 2006.
- (*UR*) Unitatis Redintegratio, Decree on Ecumenism by the Second Vatican Council, November 21, 1964.

### **Catholic Church Councils:**

Council of Chalcedon (451).

Council of Constantinople III: (681).

Council of Ephesus (431).

Council of Florence (1439).

Council of Florence (1442).

Council of Nicaea I (325).

Council of Nicaea II (787).

Council of Toledo VI (638).

Council of Toledo XI (675).

Council of Trent (1546).

Council of Trent (1547).

Council of Trent (1551).

Council of Trent (1562).

Lateran Council IV (1215).

#### II. CATECHIST RESOURCES

### **Organizations**

- Archdiocese of Cincinnati—catholiccincinnati.org
- Ruah Woods—<u>ruahwoods.org</u>
- United States Conference of Catholic Bishops—usccb.org
- The Vatican—vatican.va

### Web Sites of Publishers of Parish & School Catechetical Programs for Early Childhood through Grade 8

- Ignatius Press ignatius.com
- Loyola Press—loyolapress.com
- Our Sunday Visitor osvcurriculum.com
- Pflaum Publishing—pflaum.com
- RCL Benziger—rclbenziger.com
- Sadlier sadlier.com/religion
- Sophia Institute sophiainstitute.com

### **Web Sites to Assist Catechists**

The web sites listed below contain a variety of resources for planning catechetical sessions, including activities, prayers, and background information for catechists.

- <u>catechist.com</u> (an online companion to "Catechist" magazine)
- catholiccatechist.org
- thereligionteacher.com

#### III. THEOLOGY OF THE BODY RESOURCES

### United States Conference of Catholic Bishops (USCCB) Website Resources:

- Overview of St. John Paul II's General Audiences commonly known as Theology of the Body
- The Theology of the Body According to St. John Paul II by Dr. John Grabowski
- John Paul II's New Vision of Human Sexuality and Family Life by Fr. Richard M. Hogan
- For Your Marriage, practical resources and Catholic teachings on the nature of Christian marriage

### **Books:**

- Pope John Paul II, Love and Responsibility: A New Translation of John Paul II's Classic Work, Pauline Books, 2013.
- Sri, Edward, Men, Women and the Mystery of Love: Practical Insights from John Paul II's Love and Responsibility, Second Edition, Servant Publishing, 2015.
- West, Christopher, *Theology of the Body For Beginners*, *Revised Edition*, Ascension Press, 2014.

### General Background of Theology of the Body (Print):

- Introduction to Theology of the Body, Dr. Patti Zordich A clinical psychologist's experience using Theology of the Body in counselling youth and families.
- The New Language: A Crash Course in the Theology of the Body
  - A popular and accessible overview of Theology of the Body.
- Archbishop J. Michael Miller, CSB, Telling Lies With Our Bodies An overview of the theological role of the human body in God's plan for our salvation.

### Digital Catechetical Resources for Theology of the Body (Video)

• The Rich Gift of Love: An Insight into John Paul II's Theology of the Body by Sr. Jane Dominic Laurel, O.P. A fivesession video course exploring John Paul II's understanding of love as self-gift and vocation to be lived in family and social life.

- The Destiny of Humanity and the Meaning of Marriage
  - Founded in 2015 following a Vatican-sponsored conference on the future of Christian marriage, *Humanum* explores the social science and theological dimensions of the Church's call for a "human ecology" based on the God-given complementarity of man and woman.
- Faith Talks: Theology of the Body by Fr. Roger J. Landry This series of eight talks by a Catholic priest, moral theologian and bioethicist offers a general overview of Theology of the Body.

### **Theology of the Body Institutes and Training Centers:**

- Theology of the Body Institute
- Ruah Woods